

# Appendix 3X

## Initial Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/9/2001.

<b>Name of entity</b> Avastra Sleep Centres Limited
<b>ABN</b> 47 094 446 803

We (the entity) give ASX the following information under listing rule 3.19A.1 and as agent for the director for the purposes of section 205G of the Corporations Act.

<b>Name of Director</b>	Steven Glen Hull
<b>Date of appointment</b>	3 March 2008

### Part 1 - Director's relevant interests in securities of which the director is the registered holder

*In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust*

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

<b>Number &amp; class of securities</b>  1,150,000 ordinary shares
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### Part 2 – Director's relevant interests in securities of which the director is not the registered holder

*In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust*

<b>Name of holder &amp; nature of interest</b> Note: Provide details of the circumstances giving rise to the relevant interest.	<b>Number &amp; class of Securities - nil</b>
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+ See chapter 19 for defined terms.

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**Part 3 – Director's interests in contracts**

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

<b>Detail of contract</b>	21 January 2008
<b>Nature of interest</b>	Unlisted options issued pursuant to Long Term CEO incentive plan
<b>Name of registered holder (if issued securities)</b>	Steven Glen Hull
<b>No. and class of securities to which interest relates</b>	1,000,000 unlisted options over ordinary shares

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+ See chapter 19 for defined terms.